

HOW TO BE A SUCCESSFUL BASKETBALL PLAYER

*Used by legendary UCLA Basketball Coach John Wooden
to develop CHAMPIONS!*

1. Be a gentleman at all times.
2. Be a team player always.
3. Be on time whenever time is involved.
4. Be a good student in all subjects – not just basketball.
5. Be enthusiastic, industrious, loyal and cooperative.
6. Be in the best possible condition – physically, mentally and morally.
7. Earn the right to be proud and confident.
8. Keep emotions under control without losing fight or aggressiveness.
9. Work constantly – improve without becoming satisfied.
10. Acquire peace of mind by becoming the best you are capable of becoming.
11. Never criticize, nag or razz a teammate.
12. Never miss or be late for any class or appointment.
13. Never be selfish, jealous, envious or egotistical.
14. Never expect favors.
15. Never waste time.
16. Never alibi or make excuses.
17. Never require repeated criticism for the same mistake.
18. Never lose faith or patience.
19. Never grandstand, loaf, sulk or boast.
20. Never have a reason to be sorry afterward.